

# JANUARY 2025

## MENU

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6 - Raw Veggies - Fish and Herbs - Rice - AppleSauce	7 - Pear Salad - Turkey - Stew - Dauphinoise Potatoes - Fruit	8 - Cucumber Salad - Chicken and Veggies - Orzo - Yogurt	9 - Zucchini Soup - Tomato Pasta - Bread - Fruit	10 - Corn Salad - BBQ Chicken - Roasted Potatoes - Rice Pudding	11
12	13 - Salad - Garlic Shrimp - Rice - Fruit	14 - Tomato Salad - Beef Bourguignon - Mashed Potatoes - Yogurt	15 - Salad - Lasagne de Saumon - Bread - AppleSauce	16 - Greek Salad - Baked Fish - Tomato Rice - Fruit	17 - Mixed Salad - Fettuccine Pasta - Grilled Chicken - Chocolate Mousse	18
19	20 SCHOOL CLOSED	21 - Chicken Salad - Crispy Eggplant - Grilled Veggies - Fruit	22 - Tomato Soup - Grilled Cheese Sandwich - Pesto Potatoes - Yogurt	23 - Raw Veggies - Creamy Pasta - Asparagus - AppleSauce	24 - Salad - Grilled Salmon - Mashed Potatoes - Strawberries and Cream	25
26	27 - Mixed Salad - Creamy Fish - Tomato Pasta - AppleSauce	28 - Spinach Salad - Teriyaki Veggies and Chicken - Rice - Grapes	29 - Cucumbers and Dip - Lentilles Saucisse - Mashed Potatoes - Yogurt	30 - Tuna Salad - Tomatoes Farcies - Rice - Fruit	31 - Mixed Salad - Chicken Milanese - Tomato Pasta - Carrot Cake	